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audience. T his bestselling, classic work offers a definitive presentation of the theory and practice of cognitive therapy for depression. Aaron T. Beck and his associates set forth their seminal argument that depression arises from a "cognitive triad" of errors and from the idiosyncratic way that one infers, recollects, and generalizes.

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Cognitive Therapy of Depression - Guilford Press

Cognitive Therapy of Depression. Aaron T. Beck. Guilford Press, Jan 1, 1979 - Psychology - 425 pages. ... University of Pennsylvania, and the founder of cognitive therapy. He has published more than 20 books and over 540 articles in professional and ... Cognitive Therapy of Depression Guilford clinical psychology and psychotherapy series ...

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Cognitive therapy (CT) was first named and identified as a distinct type of treatment in an article in 1970 (Beck, 1970), in which Aaron Beck described CT, and distinguished it from behavior therapy, based on the increased attention paid to negative thinking in CT and the importance of core negative beliefs, also seen to be pivotal in the genesis of depression.

COGNITIVE THERAPY FOR DEPRESSION - Guilford Press

Buy Cognitive Therapy of Depression (The Guilford Clinical Psychology and Psychopathology Series) 1 by Beck, Aaron T., Rush, A. John, Shaw, Brian F., Emery, Gary (ISBN: 9780898629194) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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Cognitive therapy was developed in the 1960s as an alternative way to treat depression, says Judith S. Beck, PhD. Beck is director of the Beck Institute for Cognitive Therapy and Research located...

Cognitive Therapy Treatment for Depression: Techniques ...

Aaron T. Beck, MD, is University Professor Emeritus of Psychiatry, School of Medicine, University of Pennsylvania, and the founder of cognitive therapy. He has published more than 20 books and over 540 articles in professional and scientific journals. Dr.

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Cognitive Therapy of Depression Guilford clinical psychology and psychotherapy series: Editor: Aaron T. Beck: Edição: reimpressão: Editora: Guilford Press, 1979: ISBN: 0898629195, 9780898629194: Num. págs. 425 páginas : Exportar citação: BiBTeX EndNote RefMan

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tive theory and cognitive therapy (CT) of depression (Beck, Rush, Shaw, & Emery, 1979). To date, there have been over 75 clinical trials evaluating the efficacy of CT for depression. Results from these studies indicate that CT is an effective treatment for major depression (Gloaguen, Cottraux, Cucherat,

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ADAPTING COGNITIVE THERAPY FOR DEPRESSION

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The combination of cognitive therapy and antidepressants has been shown to effectively manage severe or chronic depression. Cognitive therapy also ... Guilford Press, 1995. Cognitive Therapy and ...

Cognitive Therapy for Depression - American Family Physician

cognitive-behavioral therapy, particularly for anxiety disorders. The originator of metacognitive therapy, Dr. Wells has published over 130 scientific papers, chapters, and books. He is Associate Editor of the journals Behavioural and Cognitive Psychotherapy and Cognitive Behaviour Therapy, and is a

Metacognitive therapy for anxiety and depression

Beck, A.T., Rush, J., Shaw, B.F. and Emery, G. (1979) Cognitive Therapy of Depression. Guilford Press, New York. has been cited by the following article: TITLE: Effects of Religious vs. Conventional Cognitive-Behavioral Therapy on Inflammatory Markers and Stress Hormones in Major Depression and Chronic Medical Illness: A Randomized Clinical Trial

Beck, A.T., Rush, J., Shaw, B.F. and Emery, G. (1979 ...

After developing the cognitive theory and therapy of depression, Beck and colleagues turned their

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attention to developing cognitive formulations and treatments for other disorders. They found, for example, that anxious patients were pre-occupied with fearful automatic thoughts about danger, risk, vulnerability, and their inability to cope effectively to prevent or handle adverse circumstances.

Cognitive Therapy - Beck - - Major Reference Works - Wiley ...

Background: Cognitive Behavior Therapy (CBT) is acknowledged as the most empirically supported psychotherapy treatment for depression. CBT for depression was first developed by Aaron Beck in the ...

(PDF) COGNITIVE BEHAVIOR THERAPY FOR DEPRESSION

A total of 115 studies met inclusion criteria. The mean effect size (ES) of 94 comparisons from 75 studies of CBT and control groups was Hedges $g = 0.71$ (95% CI 0.62 to 0.79), which corresponds with a number needed to treat of 2.6. However, this may be an overestimation of the true ES as we found strong indications for publication bias (ES after adjustment for bias was $g = 0.53$), and because ...

A Meta-Analysis of Cognitive-Behavioural Therapy for Adult ...

He is regarded as the father of cognitive therapy, and his pioneering theories are widely used in the treatment of clinical depression. Beck also developed self-report measures of depression and anxiety, notably the Beck Depression Inventory (BDI) which became Aaron Temkin Beck is an American psychiatrist who is professor emeritus in the department of psychiatry at the University of Pennsylvania.

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