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Book Overview The daily meditations, reminders, and prayers from Courage to Change help families encourage their recovering alcoholic loved ones and point to Al-Anon's impact as a vital part of recovery.

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Courage to Change-One Day at a Time in Al-Anon II Quotes Showing 1-13 of 13 "While these loved ones may not meet our expectations, it is our expectations, not our loved ones, that have let us down." — Al-Anon Family Groups, Courage to Change-One Day at a Time in Al-Anon II: Part 1 10 likes

### Courage to Change-One Day at a Time in Al-Anon II Quotes ...

The autobiography, divided into three parts, "Choice," "Courage," and "Change," covers Walter's life beginning with her childhood in the 1920s and moving to the present day.

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### Courage to Change by Al-Anon Family Groups

Courage to Change is an online catalog of counseling tools & resources to help children & all other age group disorders. Childswork Childsplay / CounselingTools.com / HelpOnTheGoApps / Red Ribbon Resources

### Courage to Change |Counselling tools & Resources online ...

Courage to Change, January 1 We live in a society of instant gratification: instant coffee, instant breakfast, instant money fro our local ready bank machine--it's everywhere we look! No wonder so many of us arrive at Al-Anon's doors looking for the instant answer to all the problems that come from living with and loving an alcoholic.

### Al-Anon Daily Readings

This book, like its companion volume One Day at a Time in Al-Anon, is designed to keep our focus on today and give us the courage to change the things we can. The 1988 Al-Anon World Service Conference voted to produce a second daily reader to more fully reflect the variety of our fellowship, whose members are the real authors of this collection.

### Courage to Change—One Day at a Time in Al-Anon II | Al ...

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### Al-Anon Online Store

Today I will have the courage to look the truth in the face, admit my errors and my achievements, appreciate my growth, and make amends where I have done harm. May 24 The path to my true heart's desire is to surrender to the will of my Higher Power. May 25

### May Daily Meditations - Courage to Change Daily Reader ...

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